

# Swallowfield classes

All classes take place in **Lambs Farmhouse** – scroll down for directions.

## Weekly classes

- Monday 11:00 – 12:00 Chen Sword form – suitable for all.
- Monday 18:30 - 20:00 Chen Taijiquan - for students who know most of the form.
- Tuesday 18:00 – 19:30 Chen double Sabre – suitable for all.
- Thursday 11:00 - 12:00 Chen Taijiquan - for students who know the first 15 moves.
- Thursday 17:30 - 19:00 Baguazhang - suitable for all.

Fees:

- 1 hour £90 for 10 sessions payable in advance for classes you attend or £12 per session
- 1 and ½ hour £135 for 10 sessions payable in advance for classes you attend or £18 per session

There are no fixed terms and so no show, no fee.

## Monthly class of Chen Taijiquan with Karel & Eva - Laojia form

When: 10:30 - 17:30 on the third Saturday of the month

Fee: 10:30 - 13:30 £35 or 10:30 - 17:30 £65.

Chansigong, Zhan Zhuang and Laojia Form. Bring your own lunch and drinks.

If you are interested in any of the above sessions, please get in touch with us to book your place. In all the above classes we shall separate into two groups depending on your progress.

## One to one classes

We have also started to give 1-to-1 lessons in our garden in all aspects of internal martial arts - if it rains, we can use the studio with both doors open to facilitate a flow of fresh air.

Karel charges £60 per hour

Eva charges £55 per hour

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## **Directions to:**

Lambs Farmhouse  
Basingstoke Road  
Swallowfield, RG7 1PY  
tel. 0118 988 9856 or  
[eva@ciao.org.uk](mailto:eva@ciao.org.uk)

Do not use our postcode for your satnav (or googlemaps, etc.) as they will most likely take you about a mile out. Instead, follow the instructions below!

## **By car:**

**Satnav**, GoogleMaps and similar: Use GPS coordinates 51.3847, -0.9725 which will take you in front of our house ...

or, if don't want to use the GPS, use RG7 1PQ : follow instructions until you come onto B3349 - and stay on it till you get an instruction to turn left or right...

... if right turn, you should see a big blue sign "Lambs Farm Business Park" high above the hedges on your right; slow down as our house is 40 yds past this sign, by a white sign "Lambs Farmhouse" at eye level on your right and turn right there.

... if left turn, you should see a big blue sign "Lambs Farm Business Park" high above the hedges on your left; slow down as our house is 40 yds before the sign and look for a white sign "Lambs Farmhouse" at eye level on your left and turn left there.

## **No Satnav, etc.:**

### **From M4:**

Exit at Junction 11 onto A33 towards Basingstoke. At the first traffic lights, turn left onto Basingstoke Road. From here, drive 1.7 miles and you will see a big blue sign "Lambs Farm Business Park" high above the hedges on your right; slow down as our house is 40 yds past this sign, by a white sign "Lambs Farmhouse" at eye level on your right and turn right there.

### **From M3:**

- Junction 6: - exit towards Reading. When you get onto A33, at 7.7 miles turn right at a roundabout towards Risely. Turn first left onto Basingstoke Rd/B3349 and Lambs Farmhouse is 2.1 miles on the left. You will pass a couple of signs for Swallowfield on your right (do not turn there) then Millhouse hotel/restaurant. After few hundred yds you should see a big blue sign "Lambs Farm Business Park" high above the hedges on your left; slow down as our house is 40 yds before the sign and look for a white sign "Lambs Farmhouse" at eye level on your left and turn left there (if you reach the blue sign, you've just missed it!)

If you have missed the turn at the Risely roundabout (easily spotted because the A33 becomes a dual carriageway from that roundabout on) carry on and turn right at the next traffic lights. Follow the instructions as if you had turned left after coming from M4 J11 (see above).

## **By train:**

Go to Reading and then by bus or taxi (see below)...

### **By bus** no. 7 or 8: (from the Reading Railway Station)

The journey time from the Reading Railway Station is about 30 minutes. All buses stop at the Back Lane (on Basingstoke Road/B3349 between Spencers Wood and Swallowfield) about 50 yds from the house.

Exit bus at the Back Lane stop and walk past the sign "Lambs Farm Business Park" and you will see a white sign "Lambs Farmhouse" on the right.

If you wish to see our house (and the bus stations) in google maps, use GPS coordinates 51.3847, -0.9725. The bus stops are marked by blue bus icons a little further up the Basingstoke Road (above Back Lane).

### **By taxi:** (from the Reading Railway Station)

You may wish to take a note of the instructions "By car: From M4:" above, in case the taxi driver doesn't know where we are.