

Swallowfield classes in the garden of Lambs Farmhouse

Weekly classes

- Monday 18:30 - 20:00 Chen Taijiquan - for students who know most of the form.
- Tuesday 18:30 - 20:00 Chen double Sabre - for student who learned the first half of the form.
- Thursday 11:00 - 12:00 Chen Taijiquan - for students who know the first 15 moves.
17:30 - 19:00 Baguazhang - suitable for all.
19:00 - 20:00 Chen Sword – suitable for all as we shall divide into two groups with

Karel teaching students who know the form and Eva teaching beginners.

If it rains, there is no class. Would you please get in touch if you would like to join any of the above classes and I shall send you further details.

Monthly class of Chen Taijiquan with Karel & Eva - Laojia form

When: 10:30 - 17:30 on Saturday, 15th August

Fee: 10:30 - 13:30 £35 or 10:30 - 17:30 £60

Chansi Gong, Zhan Zhuang and Laojia Form. We shall separate into two groups depending on how far you know the form. Bring your own lunch and drinks. If it rains, the class will be cancelled.

One to one classes

We have also started to give 1-to-1 lessons in our garden in all aspects of internal martial arts - if it rains, we can use the studio with both doors open to facilitate a flow of fresh air.

Karel charges £60 per hour

Eva charges £55 per hour